# Curriculum Vita

# Amy T. Banner, Ph.D., NCC

2015 Prospect Avenue Scranton, PA 18505 570-941-4129 (Work) 570-344-5130 (Home) amy.banner@scranton.edu

## **Education**

## The University of North Carolina at Greensboro Greensboro, NC

Ph.D., Counseling and Counselor Education (CACREP accredited) December, 2009

#### International Adlerian Summer Institute Cork, Ireland

Training in couples counseling, counseling children, and gender studies July - August, 2004

## East Tennessee State University Johnson City, TN

M.A., Counseling, Marriage and Family Therapy Program May, 2004

## Furman University Greenville, SC

B.S., Psychology June, 2002

## Certification

National Certified Counselor through the National Board of Certified Counselors, # 232031

# **Professional Experience**

## Teaching Experience Courses

**The University of Scranton** (February 2010 – present)

COUN 511: Counseling Children

COUN 502: Counseling Theories

COUN 500: Professional Issues: Community Counseling

COUN 599: Advanced Internship: Community Counseling

COUN 595: Internship: Community Counseling

COUN 590: Practicum: Community Counseling

CHS 380: Internship in Human Services

#### The University of North Carolina at Greensboro (August 2007 – December 2008)

Counseling in Community Settings (graduate level)

Helping Skills (undergraduate level)

## **Supervision Experience**

The University of Scranton (February 2010 – present)

COUN 599: Advanced Internship: Community Counseling

COUN 595: Internship: Community Counseling COUN 590: Practicum: Community Counseling

CHS 380: Internship in Human Services

## The University of North Carolina at Greensboro (August 2006 - May 2009)

Internship Practica

## Counseling Experience

#### The Nicholas A. Vacc Counseling and Consulting Clinic Greensboro, NC

Doctoral Counseling Graduate Assistant (August 2006 – May 2009)

- Provided counseling to children, adolescents, adults, and families
- Assisted with the duties of the clinic director

## Wesley Long Regional Cancer Center Greensboro, NC

Intern Counselor, Doctoral Internship (August 2007 – December 2007)

- Provided counseling to individuals, couples, families, and groups coping with cancer
- Provided grief counseling
- Assisted in the development of seminars and workshops for breast cancer patients

## Frontier Health Johnson City, TN

Intern Counselor, Doctoral Internship (May 2007 – July 2007)

- Provided counseling to children, adolescents, adults, and families
- Provided substance abuse and addictions counseling

#### Camelot Care Center Kingsport, TN

In-Home Counselor

(September 2005 – August 2006)

- Provided intensive in-home counseling for children and adolescents residing in therapeutic foster homes
- Provided in-home counseling and parenting skills training to the biological families of clients
- Provided life-skills assessments to clients and developed and implemented plans to enhance these skills
- Provided and interpreted alcohol and drug assessments to adolescents
- Provided adoption counseling for children and adolescents eligible for adoption

#### Bristol Regional Counseling Center Bristol, TN

Child and Adolescent Counselor (May 2004 – September 2005)

- Provided counseling to children, adolescents, and families
- Provided counseling to victims of emotional, physical, and sexual abuse
- Provided counseling in a local high school for 10 hours each week
- Performed observations and assessments of local Head Start programs and made counseling referrals for students as needed
- Provided group counseling for adolescents charged with with substance abuse at the county's juvenile court system

### Watauga Baptist Association Elizabethton, TN

Intern Counselor, Master's Internship (January 2004 – May 2004)

- Provided counseling to children, adolescents, adults, couples, and families
- Provided grief counseling
- Provided group counseling to female adolescents residing in a group home

#### Woodridge Psychiatric Hospital Johnson City, TN

Intern Counselor, Master's Internship (August 2003 – December 2003)

- Provided short term in-patient counseling to children, adolescents, and adults
- Provided group counseling for clients with dual diagnoses

#### The Charlotte Taylor Center Elizabethton, TN

Intern Counselor, Master's Internship (June 2003 – August 2003)

• Provided counseling to children, adolescents, and their families.

## **Scholarship**

#### **Peer Reviewed Publications**

LaGuardia, A. C., & **Banner, A. T**. (2012). The goal of reunification: An Adlerian approach to working for therapeutic change within the foster care system. *The Family Journal*, 20(4), 357 – 364.

#### **Invited Publications**

- **Banner, A. T.** (in press). Creating rapport. In A. C. LaGuardia & R. E. Watts (Eds.), *Counseling Techniques:*A Guide for the Integrationist. Wiley & Son, Inc.
- **Banner, A. T.** (in press). Continuum of care: One size does not fit all. In J. S. Young & C. S. Cashwell (Eds.), *Clinical Mental Health Counseling: Elements of Effective Practice*. Upper Saddle River, NJ: Prentice Hall.

- Healey, A., & **Banner, A. T.** (in press). Counseling theories: Feminist theory. In B. Irby, G. Brown, & R. Lara-Alecia (Eds.), *Handbook of educational theories*. Information Age Publishing, Inc.
- Briggs, M. K., **Banner, A. T.** (2011). Working with the divine feminine. In J. S. Young & C. S. Cashwell (Eds.), *Integrating Spirituality and Religion into Counseling: A Guide to Competent Practice* (2<sup>nd</sup> ed.). Alexandria, VA: American Counseling Association.

#### Dissertation

**Banner, A. T.** (2009). The effects of spirituality on anxiety and depression among breast cancer patients: The moderating effects of alexithymia and mindfulness, *Dissertation Abstracts International*.

## Scholarly Review Experience

## Counseling and Values Journal

Invited to review an empirical manuscript due to my knowledge in the topic area – spirituality in counseling (June 2012)

## **Editorial Experience**

## The Nicholas A. Vacc Counseling and Consulting Clinic Greensboro, NC

Counseling Graduate Assistant (August – December 2009)

- Assisted with editing duties

## **Research Projects**

#### Chaplains and Spirituality Research 2007 - 2009

Co-conducted a qualitative investigation of chaplains' approach to spirituality

#### Mistaken Goals and Personality in the Workplace Research 2007 - 2009

Developed and assisted in performing a pilot research study of qualitative methods that explored the nature of the relationship among mistaken goals, personality typology, and discouragement in the workplace.

#### Temperament Research 2003 - 2004

Assisted and collaborated on researching temperament's effect on attachment. Duties included: Entering data and compiling results.

#### Birth Order Research 2002

Assisted with researching the connection between birth order and ADHD.

Duties included: Administering assessments, entering and analyzing data, compiling summary reports.

## **Professional Presentations**

#### **Invited Presentations**

**Banner, A. T.** (2012, March). *Let's talk: Effective communication*. Annual Wellness Day for University of Scranton community, Scranton, PA.

## **Peer Reviewed Presentations**

- **Banner, A. T.** (2012, October). An investigation of spirituality within the broader context of emotional well-being. Annual conference of the Pennsylvania Counseling Association, State College, PA.
- Gruber, J. M., & **Banner, A. T.** (2012, October). *Vulnerability and social media: The lost connection*. Annual conference of the Pennsylvania Counseling Association, State College, PA.
- **Banner, A. T.,** & Healey, A. (2011, October). Helping counselors in training learn to affirm female clients through modeling in counselor education. Biannual conference of the Association for Counselor Education and Supervision, Nashville, TN.
- Banner, A. T. (2010, August). Women's spirituality: Exploring experiential methods to access authentic spirituality for women. Biannual conference of the Association for Spiritual, Ethical, and Religious Values in Counseling, Myrtle Beach, SC.
- Mobley, A. K., & Carrier, A. T. (2008, October). Revitalizing group supervision: Strategies for effective leadership (pre-conference workshop). Biannual conference of the Southern Association for Counselor Education and Supervision, Houston, TX.
- **Carrier, A. T.** (2008, June). Chaplains and spirituality: Lessons for professional counselors (a research presentation. First conference of the Association for Spiritual, Ethical, and Religious Values in Counseling, Lake Junaluska, NC.
- **Carrier, A. T.**, & Pope, A. L. (2008, June). *Using the spiritual genogram in counseling*. First conference of the Association for Spiritual, Ethical, and Religious Values in Counseling, Lake Junaluska, NC.
- Warden, S., **Carrier, A. T**., & Brown, J. B. (2008, February). *Chaplains and spirituality*. Annual conference of the North Carolina Counseling Association, Research Triangle Park, NC.
- **Carrier, A. T.,** & Pope, A. L. (2007, September). *The spiritual genogram (a poster presentation)*. Annual conference of the Licensed Professional Counselors Association of North Carolina, Durham, NC.
- Carrier, A. T., Warden, S., Ivers, N. N., MacDonald, C., & Seaman, M. M. (2007, October). *Emerging Leaders Workshop--Unlocking leadership doors: Your key to the leader within.* Biannual conference of the Association for Counselor Education and Supervision, Columbus, OH.

## **Service**

## **Departmental Service**

## The University of Scranton

Member of Re-Accreditation Self-Study Committee (August 2012 – present)

Member of Departmental Curriculum Committee (August 2012 – present)

Performed comprehensive review and redesign of the Community Counseling Program Curriculum (June 2011 – present)

Performed comprehensive review and redesign of Community Counseling Admissions Documents (Spring semester 2011)

Assistant Faculty Moderator, Chi Delta Rho Counseling Honor Society (March 2011 – present)

Director, Community Counseling Program (August 2010 – present)

Co-Director, Community Counseling Program (February 2010 – August 2010)

Member of Departmental Review Board (February 2010 – present)

Member of the Collaborative Community Counseling Committee (March 2010 – May 2010)

## The University of North Carolina at Greensboro

Chair of Upsilon Nu Chi, Chi Sigma Iota Wellness Committee (August 2007 – May 2008)

Co-Chair of Upsilon Nu Chi, Chi Sigma Iota Social Committee (August 2006 – August 2007)

## **University Service**

#### The University of Scranton

Faculty Senate Representative (August 2012 – present)

- Reviewed and made suggestions for improvement of the University of Scranton's Non-Discrimination and Anti-Harassment policy draft

Academic Support Committee Member (August 2012 – present)

- Reviewed documents pertaining to Dean's List policy

Subcommittee of Academic Support Committee (November 2012 – present)

- Worked with CTLE Steering Committee regarding changes in CTLE structure and personnel

Planning Committee Member of Wellness Program and Wellness Day (December 2010 – present)

- Attend annual planning meeting to brainstorm ideas for Wellness Program and Wellness Day

Member of the University of Scranton Concert Band (August 2010 – December 2011)

#### The University of North Carolina at Greensboro

Chair of Upsilon Nu Chi, Chi Sigma Iota Wellness Committee (August 2007 – May 2008)

Co-Chair of Upsilon Nu Chi, Chi Sigma Iota Social Committee (August 2006 – August 2007)

## **Professional Service**

#### Pennsylvania Counseling Association

Co-Chairperson of Conference Committee (February 2012 – present)

Chairperson of Ethics/By-Laws Committee (July 2011 – present)

## Chi Sigma Iota, Counseling Academic & Professional Honor Society International

Award Committee Member (October 2012 – present)

Awards Committee Panelist (September 2011 – October 2012)

## **Community Service**

#### Friends of the Poor

Annual Thanksgiving Dinner (November 2012)

- Performed dining room set up, food preparation, table service, and clean up

## Temple Hesed

Annual Back to School Backpack Project (August 2011 – present)

- Purchase and deliver all back to school supplies, including clothing, for one child in Scranton

## Mid-Valley Elementary School

Job Fair Volunteer (February 2012 – present)

- Discussed career goals and planning with classroom of 2<sup>nd</sup> graders at annual job fair

#### Other Service

## Member, East Tennessee State University's President's Pride Group (2002 – 2004)

Assisted the university's president in fund-raising and hosting charitable events

## Team Captain, Relay for Life (2000 – 2002)

Organized a team to raise money for the fight against cancer

#### **Tutor for the Blind** (1998 – 2002)

Read required course reading to blind students when brail materials were unavailable

#### **Tutor for Exceptional Students** (1998 – 2002)

Tutored elementary students who struggled academically but who did not qualify for special education services

**Crisis Line "Counselor"** (1998 – 2002)

Provided counseling over the phone to those in crisis and experiencing suicidal ideation

#### Volunteer, Food for the Multitude (1994 – 2006)

Prepared and served meals to the needy and homeless

## **Awards and Honors**

## Pennsylvania Counseling Association

President's Appreciation Award, 2012

## University of Scranton

Nominated for Lilly Fellows Program, 2012

## The University of North Carolina at Greensboro

Marion Pope Franklin Award for Outstanding Doctoral Student, 2009

## Southern Association for Counselor Education and Supervision

Research Grant, 2008

Chi Sigma Iota, 2006 - present

#### The University of North Carolina at Greensboro

Greensboro Graduate Scholars Award, 2006 – 2009

### East Tennessee State University

College of Education Scholarship for Character and Academic Mastery, 2003

### East Tennessee State University

President's Pride Academic and Leadership Award, 2002 - 2004

Psi Chi, 2001 - 2002

# **Professional Memberships**

Chi Sigma Iota, Counseling Academic & Professional Honor Society International American Counseling Association
Pennsylvania Counseling Association
Pennsylvania Mental Health Counselors Association
Association for Counselor Education and Supervision
North Atlantic Association for Counselor Education and Supervision
Pennsylvania Association for Counselor Education and Supervision
Association for Spiritual, Ethical, and Religious Values in Counseling